# Act Early State Team Meeting

Thursday, January 27, 2022 | 1:00 pm – 2:30 pm

# Welcome

# Please introduce yourself…

Share your name and the agency or group you represent in the chat

# Today's Schedule

| | |
|---|---|
| **1:00 pm** | **Welcome & Introductions** |
| **1:10 pm** | **Lightning Round: Updates on work within the State Team** |
| **1:30 pm** | **Leveraging Intervention Services in Rural Areas - Unified Therapy Services** |
| **2:00 pm** | **Breakout Discussions** |
| **2:25 pm** | **Wrap-up and adjourn** |

# Meeting Objectives

- Highlight recent Act Early State Team member activities related to intervention and coordinated supports (Goal 4 of the State Plan).
- Learn how interventionists from Unified Therapy Services optimize services in rural Iowa and Wisconsin
- Identify strategies the Team can use in Wisconsin to increase timely access to intervention services and coordinated supports.

# Lightning Round

# BIRTH TO 3
# KENOSHA COUNTY

# PARENT U

# HIGH AIMS

**Kenosha County recognized that parents who have neglected or abused their children may need added supports for parenting. Kenosha County already had started protective factors in 2015 through Child Abuse and Neglect Prevention Board. The Birth to 3 Social Emotional grant included the following:**

- **Increase capacity for parent child interaction therapy**
- **Create a Parent U to teach parents skills to support social emotional development**
- **Staff training to support increased social emotional outcomes**
- **Create sustainable micro videos and media to use across the community for parents to reference/refer to**

# PARENT CHILD INTERACTION THERAPY- PCIT

Evidenced based therapy for children with behavior needs.

In the moment coaching where interactions are observed between parent and child and encourages in the moment positive reinforcement

- Existing partnership with Professional Services Group- a behavioral health provider
- Willing to expand their services to offer PCIT
- Funded training for therapist(s) to become credentialed
- Training expanded capacity for services and localized this benefit

# PARENT U FOR PARENT UNIVERSITY

Help parents with social emotional development of their children

Hosted a series of courses that included:

- Mindfulness
- Parents Interacting With Infants (PIWI)
- Hanen
- Early brain development
- Family systems

# STAFF TRAINING

Trained staff about PCIT, active practitioner of Mindfulness, and outcomes documentation of social emotional development

- 12 staff were trained
- Staff report and increase in their knowledge of writing functional outcomes to include social emotional learning

# DATA

- **Increase capacity for parent child interaction therapy**
- **Create a Parent U to teach parents skills to support social emotional development**
- **Staff training to support increased social emotional outcomes**
- **Create sustainable micro videos to use across the community for parents to reference/refer to and media campaign**

- With **2** therapists trained in PCIT, it is now offered in Kenosha County and have a certified trainer . Thus, a second cohort of **10** therapists will be training
- **12** families have been served and each added therapist adds the ability to serve 6 to 8 more families a year
- Parent U served **55** families
- **12** staff participated in training
- **4** videos professionally produced. **8** more micro videos in production.

# OUTCOMES

## What happened?

- 53 of 55 families did not have another incident of child abuse and neglect (96%)
- 55 Families completed the courses
- 88% increase of understanding of their child's social emotional needs
- 12 of 12 staff participated in Mindful practice and 11 of 12 report using the practice in both home and work routines
- Media: 4 videos shared via Facebook and web page. To date over 90,000 views
- Developmental Take Home kits were delivered for 300 families to increase their knowledge of social emotional development
- 80% of Parents report a better understanding of how to help their child in their Social Emotional Learning from take home kits

# VIDEOS

https://www.youtube.com/watch?v=IAnTSAzXifk&t=24s

# Bright Spots in Assessment, Evaluation, & Diagnosis

# UNIFIED THERAPY SERVICES

UNIFIEDTheraP.Y. Services

UnifiedTherapy.com | 563-583-4003

# KARA TAKES, COTA/L-REHAB DIRECTOR

- 13 YEARS AT UNIFIED THERAPY SERVICES
- ASSOCIATES DEGREE OF APPLIED SCIENCE FROM KIRKWOOD COMMUNITY COLLEGE IN CEDAR RAPIDS, IOWA.
- CERTIFIED OCCUPATIONAL THERAPY ASSISTANT
- REHAB DIRECTOR FOR 6 YEARS

# OUR PEDIATRIC SERVICES

- OCCUPATIONAL THERAPY
- SPEECH-LANGUAGE PATHOLOGY
- FEEDING THERAPY
- PHYSICAL THERAPY (DUBUQUE)
- APPLIED BEHAVIOR ANALYSIS (DUBUQUE)

UNIFIED Therapy Services

**KARA TAKES, COTA/L-REHAB DIRECTOR**
**KARAT@UNIFIEDTHERAPY.COM**

# HISTORY

- OPENED IN DUBUQUE, IA IN 2006
- 4 CLINIC LOCATIONS
  - PEDIATRIC AND ADULT NEURO SERVICES- 4121 PENNSYLVANIA AVE | DUBUQUE, IA
  - ADULT – 4135 PENNSYLVANIA AVENUE | DUBUQUE, IA
  - PEDIATRIC & ADULT – 1690 ELM STREET, SUITE 230 | DUBUQUE, IA
  - PEDIATRIC – 615 ROOSEVELT STREET | FENNIMORE, WI
- 40 EMPLOYEES

# COMMON DIAGNOSES

- AUTISM
- CEREBRAL PALSY
- DOWN SYNDROME
- DEVELOPMENTAL DELAY
- SENSORY PROCESSING DISORDER
- GENETIC DISORDERS
- TORTICOLLIS
- TRAUMATIC BRAIN INJURY
- HYPERTONIA/HYPOTONIA
- LANGUAGE DISORDERS
- FEEDING DIFFICULTIES

# OUTPATIENT AND EDUCATION-BASED THERAPY

- QUALIFICATION CRITERIA
  - STANDARDIZED TESTING
  - FAMILY EDUCATION

- PATIENT CAN RECEIVE ALL
  - THERAPIST COLLABORATION
  - ADDRESS MULTIPLE ENVIRONMENTS
  - HIGHEST FUNCTIONAL POTENTIAL

Unified Therapy Services

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# PURPOSE

- HELP INDIVIDUALS IN RURAL COMMUNITIES TO RECEIVE THE THERAPY SERVICES THEY NEED.
- TO EDUCATE AND COLLABORATE WITH SCHOOLS, THE COMMUNITY AND OTHER ENTITIES ABOUT THE SERVICES INDIVIDUALS ARE/CAN RECEIVE AT UNIFIED.

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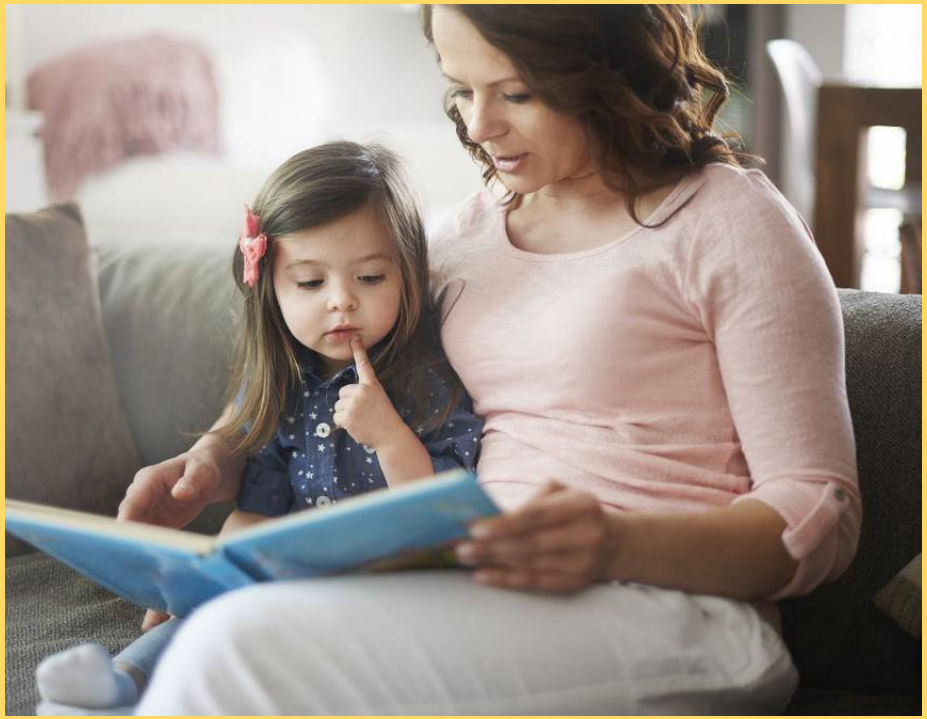
# BARRIERS

- NEW IN THE AREA/STATE: NOT KNOWING GRANTS IN THE STATE TO HELP PARENTS EITHER FINANCIALLY FOR THERAPY SERVCIES NOT COVERED OR FOR PARENTS TO PURCHASE NEEDED EQUIPMENT.
- TRANSPORTATION: THERE IS NO PUBLIC MEANS AVAILABLE FOR PATIENTS TO GET TO THE CLINIC
- SOME ENTITIES MAY FEEL THE INTENTION IS TO REPLACE EXISTING SERVICES.
- THERAPY APPOINTMENTS DURING THE SCHOOL DAY.



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# MORE BARRIERS

- PARENTS ARE REPORTING THEIR KIDS ARE “GRADUATING” FROM SERVICES IN SCHOOLS, BUT THEY STILL HAVE CONCERNS.

- INSURANCE COMPANIES PREVENTING UNIFIED THERAPY SERVICES FROM BEING AN IN-NETWORK PROVIDER.
  - ALREADY HAVE SERVICES IN SCHOOL
  - ALREADY IN_NETWORK WITH ANOTHER PROVIDER (THAT PROVIDER IS REFERRING TO UNIFIED DUE TO NOT HAVING PEDIATRIC SERVICES).

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# QUESTIONS

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# Wrap-Up

- Evaluation Poll
- Next meeting: Tuesday, March 22, 2022, 1:00 – 2:30p – Goal #5: Statewide Coordination

# THANK YOU!